ACTIVITY CALENDAR NOVEMBER 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	27	28	29	30	31	01
02 Signpost Social @ The Heatons Centre 10am-12noon	03 Dementia Drop-In @ Heatons Centre | 6-8pm	04 NEW Mens Carers Signpost Social @ Hesketh Arms 6-8pm	05 NEW Clinical Drop-In @ The Meadows | 1-3.30pm	06 Arts and Crafts Heatons Centre 10am-12noon | £5	07	08
09 Walk to Fitness @ High Lane Medical Centre 10:30am-12:30pm	10 Former Carers Group @ Berretto Lounge NEW 11am-1pm AVRO Heritage Museum Tour | 11am-1.30pm	11 Signpost Social @ Marple Methodist Church | 10am-12noon	12 Signpost Social @ Heald Green Village Hall | 10am-12.30pm	13 Arts and Crafts Heatons Centre 10am-12noon | £5	14	15
16	17 Private Bramall Hall Tour 1.30-4pm NEW Signpost Social @ The Jolly Sailor, Davenport 10am-12noon	18 Walk to Fitness @ Etherow County Park 1-2.30pm	19 Signpost Social @ The Guywood Centre, Romiley 1-3pm	20 Arts and Crafts Heatons Centre 10am-12noon | £5	21	22
23	24 Walk to Fitness @ Reddish Vale 10:30am-12:30pm Former Carers Group @ Berretto Lounge 11am-1pm	25 NEW Signpost Social @ Notcutts, Woodford | 10am-12noon	26 Cheadle Neighbourhood Hub @ Brezo Lounge 10am-12noon	27 Arts and Crafts Heatons Centre 10am-12noon | £5	28	29
						30 NEW Signpost Social @ The Station House, Cheadle Hulme | 10am-12.00noon

Month Overview

- **SIGNPOST EXCLUSIVE!** Learn about the history and fascinating insight into the families and servants of Stockport's meticulously restored Tudor Manor, **Bramall Hall**. Join us on a guided tour all to ourselves!
- Join Signpost Staff at a brand new **Signpost Social for male carers** in a space to chat to other men in similar situations to yourself at The Hesketh Arms
- Try out one of our new monthly **Signpost Social Drop Ins** or return to the old favourites!