

# Newsletter

Carers Bulletin -February 23

## Spring has sprung at The Heatons Centre

As the nights become lighter and the snowdrops appear in the Heatons Centre beds, it is starting to feel that spring is on its way here at Signpost.

2023 is already looking like a year of celebration and challenge (some may say much like many years before!) and we are as ready as ever to work with Stockport's unpaid carers to offer support and information in whichever way we can.

## Did you know we are a charity?

As a registered charity (1085727), we rely on donations and fundraising to deliver the majority of our services and support.

**This year, we need to raise more than £200,000 just to keep on doing what we're doing.** We know times are tough, but if you can help in any way from one-off (or regular) donations, leaving a gift for us in your will, making things for us to sell or setting up a Facebook birthday fundraiser you really are helping us to make a difference – and paying it forward for other carers.

To make a donation, visit [www.signpostforcarers.org.uk/donate](http://www.signpostforcarers.org.uk/donate) or email [julia@signpostforcarers.org.uk](mailto:julia@signpostforcarers.org.uk)



**Keep up to date with all things Signpost by following us on Social Media and checking in with our website!**

## Welcome and thank you

Lucy our volunteer development manager has worked super hard on developing some new and rewarding roles for volunteers in our organisation.

Since November, we have welcomed 3 new trustees (welcome to James, Jilly and Ryan!) and 2 new office volunteers (Callum & Delphy) who join a fab team including Deb, Annie and Michael who support our work. If you would like to join the team email [info@signpostforcarers.org.uk](mailto:info@signpostforcarers.org.uk).

## Congratulations!

Well done to W.S from Davenport who was the successful winner in our festive fundraising quiz. Thanks so much to Fred and Sue Bates for developing the questions too – some really tricky ones in there this year!

## Have you checked your Tax Code yet?

Following the piece in our previous newsletter, some Stockport carers are on their way to receiving a refund and supporting Signpost!

Visit [checkmycode.co.uk/signpost](https://checkmycode.co.uk/signpost) and a 2-minute initial review will tell you if you might be owed money back. If there's a chance you might be owed money, you will have the opportunity to complete a full review to get your money back.

If you have any questions, please call The Tax Refund Company between 9am - 5pm, Monday - Friday on 0161 968 7345 and quote 'Signpost'.

## Signpost Carers Recycled Art Exhibition

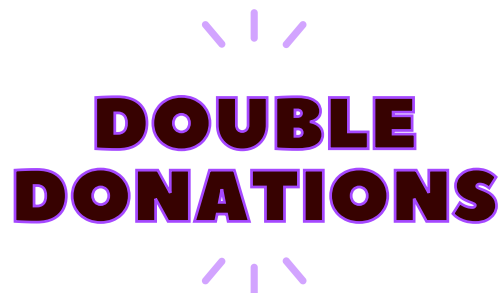
We are SO excited that our carers' work will be forming an exhibition in the Stockport Art Gallery from 11th March.

It promises to be an excellent display of creativity and caring - two of our most favourite things.

**Thank you to Bramhall and Woodford Rotary Group, and the Ladies Captain at Heaton Moor Golf Club who have chosen us as their charity to support this year. We are really looking forward to working with them, reaching more carers along the way.**

## Changes to Signpost's Connecting Carers Card

Do you know or work for a business that could support our Connecting Carers Card? If so, please email [Mariam@signpostforcarers.org.uk](mailto:Mariam@signpostforcarers.org.uk). We are delighted to welcome Rachel Matley Hairdressing and Fairweather Adventures Finance- please give them a visit! Unfortunately Funky Monkey are no longer able to support, but we thank them so much for being one of the original businesses that help us get the idea off the ground. To find out more and register for your card, please visit our website.



Signpost were accepted onto a crowd funding campaign, where donations made to the organisation to support with our warm space (and keeping our building going) will be match funded by the Co-op. If every carer that receives this newsletter gave £5, was eligible for Gift Aid and was match funding we'd be 10% closer to our annual target just like that. To make a donation, please click here - <https://www.crowdfunder.co.uk/p/a-warm-space-for-carers>